

Austin Health General Surg 3 Endocrine Surgery holds weekly multidisciplinary sessions to discuss and plan the treatment of patients with Endocrine Surgical conditions.

Department of Health clinical urgency categories for specialist clinics
Urgent: Urgent: A referral is urgent if the patient has a condition that has major functional impairment and/or moderate risk of permanent damage to an organ/bone/tissue/system if not seen within 30 days.
Semi Urgent: Referrals should be categories as Semi Urgent that has the potential to deteriorate within 30-90 days.
Routine: Appointments will be booked accordingly.
Exclusions: Please refer Multinodular Thyroid/Goitre patients with ABN LFT's and Normal Ultrasounds to Endocrinology Unit

Condition / Symptom	GP Management	Investigations Required Prior to Referral	Expected Triage Outcome information
Multinodular Thyroid/Goitres	<p>When to refer:</p> <ul style="list-style-type: none"> -Newly identified Thyroid nodules >1cm for assessment -Goitre with abnormal LFT's -Suspicion/proven Thyroid cancer. <p>DO NOT REFER Thyroid nodules <1cm unless Family History of MTL</p>	<p>Clinical history and examination</p> <p>Imaging: U/S Thyroid (upload to PACS)</p> <p>No Nuclear Scan unless TSU suppressed</p> <p>U/S guided FNA @ Austin fs suspected malignancy</p> <p>Diagnostics: TSU, FT4, FT3, FGU, U&E, Cr, Calcium, PTH, Vitamin D, FBE</p> <p>Instruct patient to bring films & diagnostic results to the Specialist Clinic appointment.</p>	<p>Urgent:</p> <p><i>Book all patients into Tuesday Endocrine Surgery Clinic Only</i></p>

Condition / Symptom	GP Management	Investigations Required Prior to Referral	Expected Triage Outcome information
Parathyroid	<p>When to refer:</p> <p>-Suspicion of Hyperparathyroidism usually Ca >2.5mmol/l with elevated PTH</p> <p>OR</p> <p>PTH >6pmol/l with elevated calcium</p>	<p>Clinical history and examination</p> <p>Imaging:</p> <p>- Not Mandatory Consider: U/S Parathyroid @ Austin Parathyroid Sertraline @ Austin</p> <p>Diagnostics:</p> <p>U&E, LFT, Correctol Ca, Vitamin D, TSU, FTG, FT₃, PTH, FBE, 24hr urine Ca and Creatinine.</p> <p>DO NOT ORGANISE IMAGING AT PRIVATE PRACTICE</p> <p>Instruct patient to bring films & diagnostic results to the Specialist Clinic appointment.</p>	<p>Urgent:</p> <p><i>Ca >3.0 with severe symptoms</i></p> <p>Semi Urgent:</p> <p><i>All others</i></p> <p><i>Book all patients into Tuesday Endocrine Surgery Clinic Only</i></p>
Parotid Glands + Submandibular Salivary Glands	<p>When to refer:</p> <p>For management of Salivary Tumours and Stones</p>	<p>Clinical history and examination:</p> <p>Imaging:</p> <p>Not mandatory U/S and CT Scan with Contrast organised at Austin Health</p> <p>Diagnostics:</p> <p>N/A</p> <p>Instruct patient to bring films & diagnostic results to the Specialist Clinic appointment.</p>	<p>Urgent:</p> <p>Symptoms of malignant</p> <p>Semi Urgent:</p> <p>All others</p> <p><i>Book all patients into Tuesday Endocrine Surgery Clinic Only</i></p>

Condition / Symptom	GP Management	Investigations Required Prior to Referral	Expected Triage Outcome information
Adrenal Tumours	When to refer: Any Newly identified Adrenal mass	Clinical history and examination Past History of Malignancy (?) Imaging: -CT or any other relevant report. <i>Triage to upload scan onto PACS</i> Diagnostics: Aldosterone Renin Ratio, Plasma Metanephrine, 1mg overnight Dexamethasone suppression with 8am cortisol assay Instruct patient to bring films & diagnostic results to the Specialist Clinic appointment.	Urgent: Pheochromocytoma, Adrenal Cortical carcinoma Semi Urgent: All others <i>Book all patients into Tuesday Endocrine Surgery Clinic Only</i>
Pancreatic and Abdominal Neuroendocrine Tumours	When to refer: New Diagnosed or suspected tumour	Clinical history and examination Imaging: All relevant imaging and or reports (?) Diagnostics: Insulin, Glucose, VIP, Glycogen A, Serotonin, 5HT, 5HIAA (?) Instruct patient to bring films & diagnostic results to the Specialist Clinic appointment.	Urgent: Book all patients in within 4 weeks <i>Book all patients into Tuesday Endocrine Surgery Clinic Only</i>